

PREVENTION AND EDUCATION

Empowering Youth to Adopt Safe Habits

Every year on average, there are over 5,000 cases of missing children reported to law enforcement in Quebec. Runaways account for nearly 90% of all these cases and involve youth between the ages of 12-17. One in every three runaways will fall victim to sexual exploitation.

The Missing Children's Network, in collaboration with law enforcement, child welfare agencies and youth-serving organizations, developed SHINE, a prevention program whose goal is to educate and empower students to make safe choices, both in the real world and online.

Studies have shown that children who have poor self-esteem, are influenced by gender stereotypes, and use social media in an inappropriate manner are more vulnerable to becoming victims of aggression and exploitation.

SHINE is an interactive workshop designed to help students develop positive self-esteem, recognize the components of healthy relationships and learn to set boundaries. It is available for students in cycles 2 and 3, as well as Secondary 1.



GRADES

Grades 3 and 4

OBJECTIVE

To provide students with the tools and resources that will help them build a positive self-image, develop effective communication skills and learn the importance of respecting themselves and others.

CONTENT

- Develop bodily integrity and their right to say NO;
- Maintain positive relationships with their peers;
- Identify and set emotional, physical and virtual boundaries;
- Recognize the difference between good and bad secrets;
- Acknowledge that qualities and talents are not influenced by gender;
- Identify safe adults;
- Disclose any situation of abuse.



GRADES

Grades 5 and 6, and Secondary 1

OBJECTIVE

To provide students with the tools and resources that will help them build a positive self-image, develop effective communication skills and learn the importance of respecting themselves and others.

CONTENT

- Trusting one's instincts and the right to say NO!;
- Developing healthy and egalitarian relationships;
- Identifying and setting one's emotional, physical and virtual boundaries;
- Recognizing gender stereotypes that influence one's perception;
- Identifying safe adults to approach in difficult times;
- Disclose abuse or any inappropriate behavior.

Please complete and return the registration form to our offices via fax : 514-843-8211 or email: intervenant@reseauenfantsretour.org. We will contact you to confirm your choice of dates.

Name of school or organization			
Address			
Contact person			
Email			
Phone number (where we can easily reach you)			
Fax			
Requested version(s)	SHINE JR (Grades 3-4) <input type="checkbox"/>	SHINE (Grade 5-6, sec 1) <input type="checkbox"/>	
Desired format	IN PERSON : <input type="checkbox"/>	ONLINE : <input type="checkbox"/>	

Times		Date :	Date :	Date :	Date :
__ : __ à __ : __	Grade level				
	Room number				
	Nb. of students				
__ : __ à __ : __	Grade level				
	Room number				
	Nb. of students				
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