

SNAKES AND LADDERS

This game is an adaptation of the infamous “Snakes and Ladders” game. It will allow you to address the concept of personal boundaries (emotional, physical, virtual).

Objective

Lead students to recognize the importance of respecting boundaries.

Materials

- The next page with the Snakes and Ladders grid;
- 16 example cards (8 ladders and 8 snakes);
- A die

Procedure

Use the snakes and ladders game inspired grid (see the next page) to allow students to have fun, while learning the importance of setting and enforcing boundaries and respecting the boundaries of others!

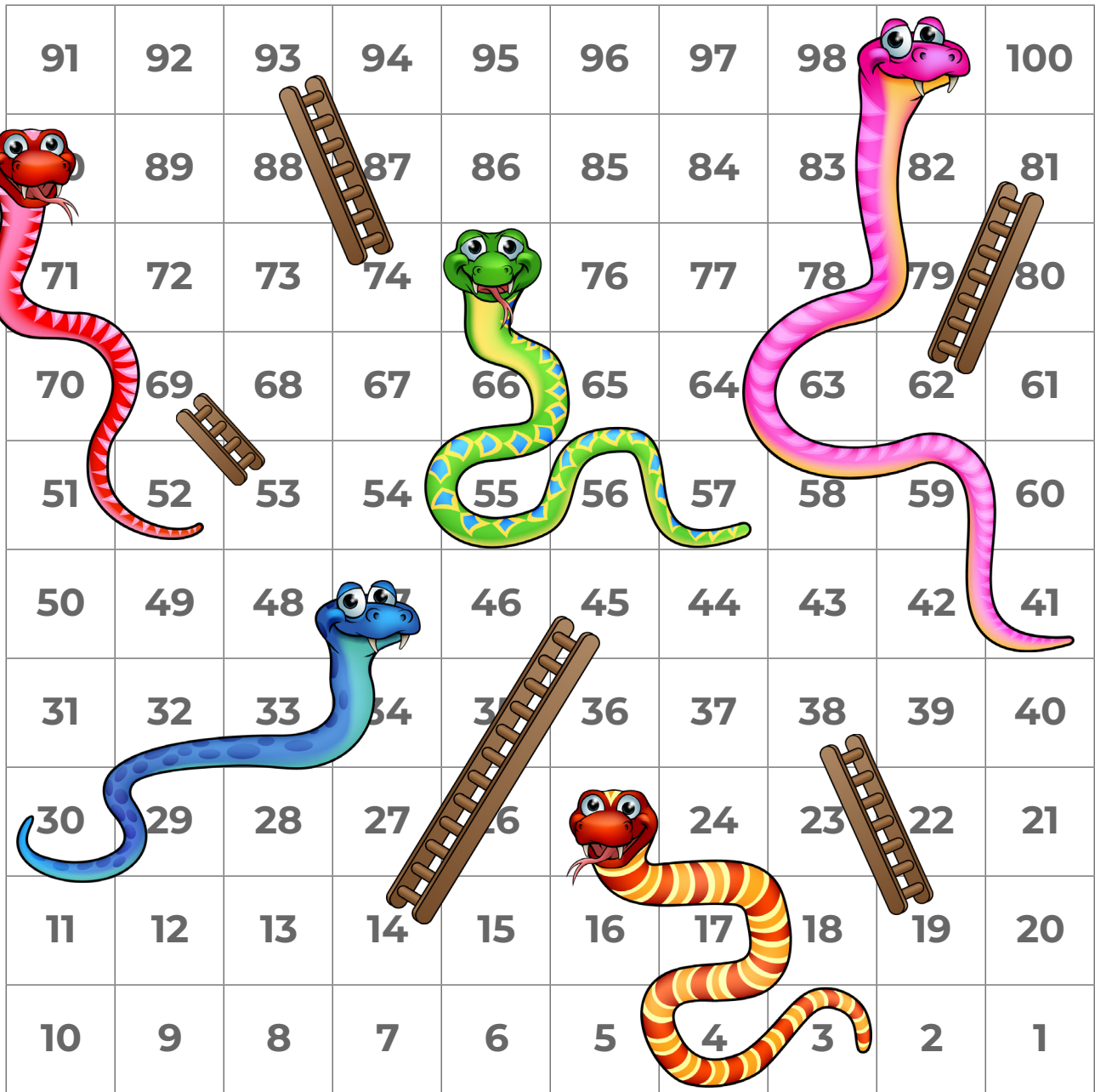
We suggest that you divide your group into small teams to facilitate the game. When you land on a “Ladder” square, pick a card from that same category and give an example of a boundary being respected. Do the same for the “Snakes” boxes and give an example of a boundary being disrespected.

Additional clarification

When reading the map, feel free to use these examples to reinforce the safety messages. The cards enclosed provide 8 examples of boundaries met and 8 examples of boundaries not met. The deck includes 5 ladders and 5 snakes. As such, we invite you to create more based on situations in the school environment to continue to reinforce safety messages!

HAVE FUN!

91	92	93	94	95	96	97	98	99	100
89	88	87	86	85	84	83	82	81	
71	72	73	74	75	76	77	78	79	80
70	69	68	67	66	65	64	63	62	61
51	52	53	54	55	56	57	58	59	60
50	49	48	47	46	45	44	43	42	41
31	32	33	34	35	36	37	38	39	40
30	29	28	27	26	25	24	23	22	21
11	12	13	14	15	16	17	18	19	20
10	9	8	7	6	5	4	3	2	1



SAMPLE CARDS FOR THE SNAKES AND LADDERS GAME.



LADDERS

Good for you! You said “NO” when your friend asked you for a hug you didn’t want.



SNAKES

Oh no! You were too embarrassed to say “NO” to your aunt who wanted to give you a kiss!



LADDERS

Good job! You asked permission before posting a photo on the Internet.



SNAKES

Oops, you’ve entered your date of birth in an online game.



LADDERS

Great! You talked to a safe adult when you saw your friend being bullied.



SNAKES

Oops, you hugged your friend without asking permission.



LADDERS

Great! You refused a gift from someone you play with online.



SNAKES

What a shame! You made fun of your classmate’s new clothes.



LADDERS

Excellent! You’ve agreed with your parents to give high fives to your family members because you’re uncomfortable with kisses and hugs.



SNAKES

Oh no! You forgot to inform your parents before you left the park to go to your friend’s house.



LADDERS

Great! You went to a safe adult after being approached by a stranger.



SNAKES

You made a bad decision by shoving your friend when you were angry.



LADDERS

Congratulations! You reported an inappropriate behavior observed online.



SNAKES

Oops, you shared a photo in “public” mode on your profile.



LADDERS

Excellent! You took the time to explain to your friend that his comment made you uncomfortable.



SNAKES

Oh no! You posted a ridiculous video of yourself on *TikTok* and your parents saw it.